

# Weekly Challenge!

Can we play some 'Ready Steady Go!' games?

## Grown-ups:

Can you introduce 'Ready Steady Go!' into your daily routine. This could be saying "Ready Steady Go", or "1,2,3 Go", before you roll, throw or kick a ball to your child, before they jump off something, before they knock down a brick tower, slide down a slide, run etc. You could increase the length of the pause to encourage the child to attend for a longer period of time. You could post your child's success on their tapestry account.